"The only difference between who you are... and who you want to be... is what you do!"

- Bill Phillips



The MASSIVE Goal Principle

..... Because "SMART" Goals Do NOT Work!

David Hyner PSAE FPSA FLPI ALAM ABNLP ... a little fat bloke from Birmingham



The Rules!





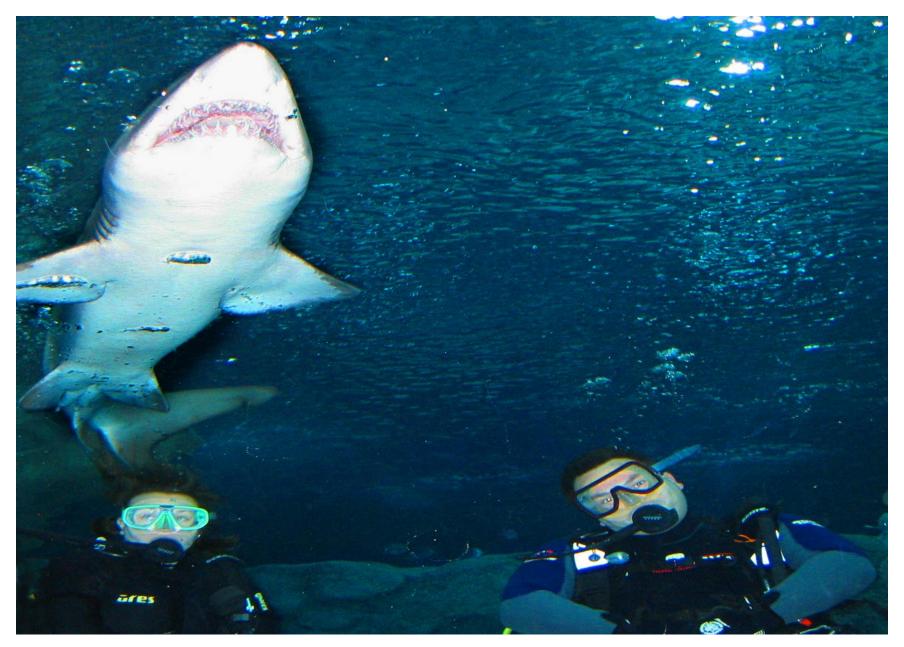
ASSumptions v Truth?!









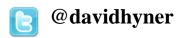






"if you always Do what you have always Done, you WILL always Get what you have always Got"

- unknown





So... how good is your memory?

1 2 3 4 5

AMYGDALA

Controls emotions

20-40 seconds

TAKE control!



ANCHORING





What if

Just 5 mins a day, you found out what you CAN do !?



"Top achievers should be looked INTO, not up to"



Kriss Akabusi mbe



Set

MASSIVE

Goals!

Receive £100 worth of audio & video resources

Email; <u>david@davidhyner.com</u>

Subject line; Edu Resources Please