

# MAKE THE MOST OF YOUR TIME AWAY FROM SCHOOL



Over the next few weeks you may be spending more time at home than usual, therefore to make sure you are using this time wisely to start planning and making informed decisions about your future we've pulled together a list of helpful activities you can complete.

## KEEP STUDYING



Try not to panic about falling behind take this an opportunity to learn in a different way.

Use Youtube videos to revise topics you've always struggled with and download some of these brilliant apps to get ahead with your revision.

**Seneca Learning**

**Target Careers - Revision tips**

Apps such as the ones below are really helpful to support your revision. Share your notes with friends using:

**Evernote**

Or create your own flash cards to test yourself using

**Quizlet**

**My Study Life**

## RESEARCH YOUR FUTURE OPTIONS



Take the time away to focus on the future - set some goals and research what you want your future to look like.

Great places to start are:

**[www.Prospect.ac.uk](http://www.Prospect.ac.uk)**

**[www.UCAS.com](http://www.UCAS.com)**

Learn a bit more about your personality type at:

**[www.icould.com/buzz-quiz](http://www.icould.com/buzz-quiz)**

Learn about cool careers you might have never heard of at:

**The Youtube**

**Channel Crash Course**

## MAKE YOURSELF A ROUTINE



Spending more time than usual at home can mean you lose your routine and struggle to be productive. Try these brilliant apps to help you keep on track

**My Study Life**

**Timetable**

**Timetable Deluxe**



TO KEEP UP WITH WHAT'S GOING ON, SHARE IDEAS AND FIND NEW CONTENT FOLLOW OUR INSTAGRAM

**@AIMHIGHERWM**

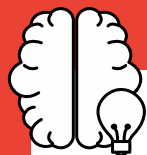
KEEP YOUR EYES PEELED FOR NEW CONTENT ON OUR YOUTUBE CHANNEL

**AIM HIGHER**



YOU WILL FIND LOTS OF USEFUL INFORMATION ON OUR AIMHIGHER WEBSITE

**AIMHIGHERWM.AC.UK**

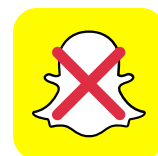


## GIVE YOUR BRAIN A BREAK

The world can definitely feel a little scary and it's natural to feel overwhelmed right now.



### Look after your mental health by:



- Having a break from social media
- Use your phone settings to limit your screen time per day or use an app like 'Hold' or 'Forest' to help you stay focused
- Limit yourself to only checking the news once or twice a day
- Distract yourself with lighthearted TV, Films or Podcasts
- Start a new book you've wanted to read for a while
- Practice Mindfulness with free apps such as: **Headspace, Aura, Calm, Stop Breathe Think**



## KEEP ON TOP OF THINGS

Remember to keep in mind some key timelines that may be important to you for planning after your A Levels

### YEAR 12 CHECKLIST

**March-Sept 2020:** Now is a great time to decide what you'd like to do after your A Levels. Look at the resources on the previous page. Can't make an open day?

Find videos on university and student union YouTube channels.

**Ongoing:** Make a start on your personal statement, give yourself time in case you need to plan to do extra reading, activities or work experience

**July 2020:** You will likely have your first set of mock exams, make sure you're prepared!

### YEAR 13 CHECKLIST

**5 May 2020:** If you received all of your UCAS offers by 31st March, this is your deadline to choose your firm and insurance

**May 2020:** By this time you should have applied for student finance. Your loan won't be paid until you enroll in September, so if you aren't 100% sure where or if you'll go to university, it's still worth applying for finance.

**May-Aug 2020:** Start looking and applying for uni accommodation

**Ongoing:** Apprenticeships and jobs are always being advertised throughout the year, check regularly!